

## President's Message

"An artist can show things that other people are terrified of expressing." – Louise Bourgeois

**ouise Bourgeois'** quote identifies how my "art soul" is reacting to the current events happening in the world and in our country. Those of you who have seen my most current art projects are aware of this. I urge you to try using your art as a means of letting go of any fearful emotions you may be experiencing. If you want to try some experimentation, here are some suggestions:

- Identify what specific fear is causing you anxiety: Politics? War? Attacks on personal liberties? Your health? Or more specific things like: snakes, spiders, flood, fire, loss of income, ...
- Take one fear and make a list of elements it represents. An example: if you're fearful about attacks on personal liberties, think of police or politicians or government representatives, the Constitution, jails, riots. If afraid of spiders, think about their webs and the places they hide, their long hairy legs, etc.
- If painting this fear feels too overwhelming, try to create a drawing in ink (ballpoint is fine) or charcoal. Were you ever in a boring meeting or class and found yourself doodling? Let your imagination take over. Fill up the paper with lots of interconnected images.
- If you feel you can paint this fear, experiment with abstraction which will permit you to express more freely without getting bogged down in technique. Just let yourself go! Let the brushes flow!

 Set aside judgement. You may think your "fear" art is ugly, but remember that some of the great art created by Bosch, Caravaggio, Titian, Goya and Rubens who created some disturbing paintings.

When done, take some deep breaths and relax. Congratulations! You have forced that fear onto the outside. Take a walk and calm your spirit. Bring your results to one of our meetings.

Last month we shared our creations for our first Group Art Project which was a resounding success! Many of you participated and everyone enjoyed hearing your creative process. Our meeting on June 28 will identify the next three subjects for the *Autumn Group Art Project*. See Page 6 for details. I hope we will see even more participants!

Jan Prisco will be our demonstrator for the June 28 Membership Meeting. Her pastel and oil paintings are absolutely gorgeous! You don't want to miss this demo.

Looking forward to seeing you with your art on Saturday, June 28!

Diann Klink • President

# Competitions • Artist of the Month

Thank you to all our talented artists for participating in the May competitions for Artist of the Month (AOM) and Blue Ribbon Gallery (BRG).

The first place ribbon recipient in Artist of the Month is now eligible to enter into the Blue Ribbon Gallery.



First Place • Pammi Kalra Hike Path • Acrylic



Second Place • Steven Tu

The Disappearing Thought of a Starry Night

Acrylic



**Third Place • Evelyn Wester** *Photobomber* • Watercolor





# 2025 Calendar of Events

Meeting facility opens at 12:30 p.m.

Submit art for competitions from 12:30–12:50 p.m.

Register your original art directly with

Awards Chairs Elton Glover and Dave Eisbach at the speaker's podium.

#### June 28

Monthly competitions continue **Art Show** • Sign Up • Pay Fee • Food & Door Prize Sign Up

Enter Art Show Flyer Competition (must be registered) **Demonstrator:** Jan Prisco, Pastelist • www.janprisco.com



King Wave Arrives at Shore
Jan Prisco



#### **July 22**

- Monthly competitions continue
- Art Show Sign Up Pay Exhibit Fee Door Prize Sign Up
- **Art Critique:** George Rivera, M.A., former Executive Director and Senior Curator at the Triton Museum of Art will critique Active members' art. **Bring no more than two of your best art pieces for George to critique!**

August 23

Monthly competitions continue

Art Show Deadline:

Sign Up, Pay Fee • Food Sign Up • Door Prize Sign Up

**Demonstrator:** Teresa Beyer, Watercolorist • www.teresabeyer.com



Dahlia • Teresa Beyer



Unframed/Framed Art Must NOT Exceed 4 sq. ft. total (e.g., 24" x 24")

# The 27th Annual Art Show

### A One-Day 2D Art Exhibition

Here is our show outline for those Active members interested in exhibiting. Check your emails for updates.

#### WHERE

Santa Teresa Hills Presbyterian Church Fellowship Hall 5370 Snell Avenue • San José 408-629-5906 (church office)

#### DATE and SCHEDULE October 4, 2025 • 9–4:00 PM

9 AM Art Registration • Sign Waivers
 10 AM Set Up Food Tables & Display Panels
 11 AM Artists Hang Art/Gallery IDs

12 PM Gallery Opens to the Public4 PM Show Closes

#### **ALL EXHIBITORS HELP WITH ...**

Set Up • Clean Up
Assemble/Disassemble Display Panels,
Tables and Chairs

#### Saturdays • June 28 and July 26

Register and Pay \$50 Non-refundable Fee Sign Up for Food • Donate a Door Prize

#### **June 28 Membership Meeting**

**Art Show Flyer Competition** for advertising event (must be registered to participate)

#### **August 23 Membership Meeting**

**Deadline to Register • Sign Up for Food • Donate a Door Prize** 

#### **DEADLINES! Check Your Email for Instructions!**

Midnight, September 15 Register Art Images and Info Online
September 16–22 Submit Art Info to Show Chair



# Autumn Group Project



Three themes will be randomly selected at our June 28 meeting. **Share creations:** September 27 Membership Meeting



#### **THEMES**

- 1. People and Figures
- 2. Still Life
- 3. Wildlife
- 4. Landscapes
- 5. Waterscapes
- 6. Florals and Gardens
- 7. Domestic Animals
- 8. Abstract
- 9. Cosmic
- 10. Fantasy
- 11. Skyscapes
- 12. Self Portraits
- 13. Expressing Joy
- 14. Expressing Love
- 15. Expressing Power
- 16. Light and Dark (palette or feeling?)
- 17. Insects
- 18. Climate Change
- 19. Seasons/Weather
- 20. Impressionism
- 21. Pop Art
- 22. Cubism
- 23. Surrealism
- 24. Graphics
- 25. Collage

#### **How to Participate**

- Participation is not mandatory.
- Artists may use any medium to interpret the selected theme on any substrate.
- Art will not be judged but if it's entered into a monthly competition, will adhere to the competition rules.
- No ribbons or awards will be presented.
- Framing is not necessary but your art must be dry to handle by the specified deadline.
- Dry or water media on paper should be under a matt for protection and, if available, a plastic sleeve.
- Artwork is presented to membership three
   (3) months from the date announced.
- Artists will share their finished art to membership; how they approached the project, medium used, etc.
- The use of copyrighted photos from any source is prohibited.
- Art created in workshops or online courses is prohibited.

(**Group Project** continues on Page 10.)

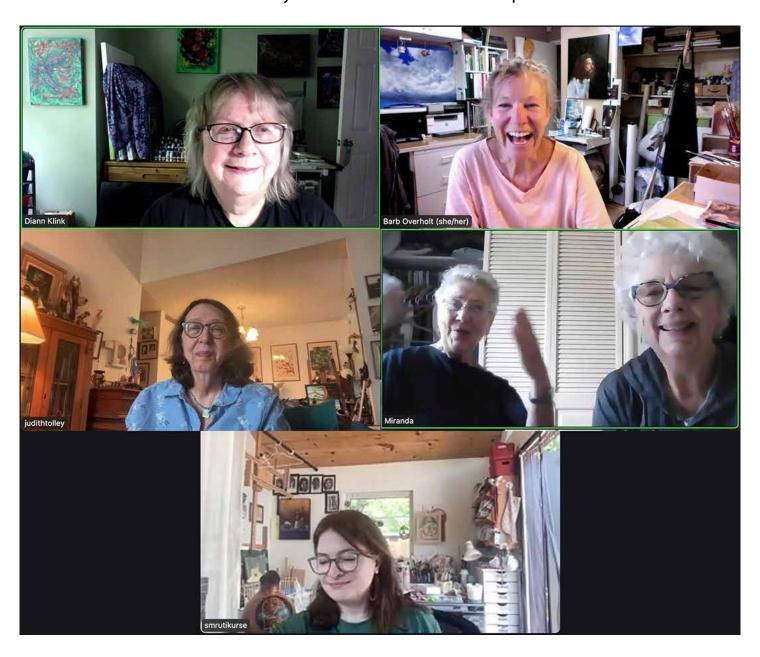
"Embrace the glorious mess that you are"

– Elizabeth Gilbert

# Ongoing Paint Share Group

Paint Share is a fun group of Guild artists who share their art created throughout the week and then participate on Zoom every Saturday afternoon. Some of us create a daily sketch or have art that is in progress or we share ideas yet to be realized. It's always a fun one-hour meeting to catch up with one another.

Contact **Diann Klink, DiannKlink@gmail.com**, to be included in her Zoom invitation. We hope you'll join us! We know you'll find the time was well-spent!





# **Executive Board Meeting Minutes June 17**

The meeting was held via Zoom and called to order at 2:03 p.m. In attendance were: President Diann Klink, Treasurer Sharon La Bouff, Secretary Denise Hall, Programs Chair Jennifer Glover, Membership/Annual Art Show Chair Barb Overholt.

#### **Annual Art Show**

- Deadline for all sign ups is August 23.
- Per the online deadline of June 15, four people submitted art pieces for the flyer competition.
- Sign ups to date 18

**Membership** – No new members.

#### Website

Steven has finished the updates to the website.

#### **Programs/Demonstrations**

June – Jan Prisco, Pastels
July – George Rivera, Critique
August – Teresa Beyer, Watercolor
September – Jada Williams, San Jose Museum of
Quilts and Textiles
October – Karen Olsen, Watercolor

#### **Treasurer Report**

- Sharon will be following up with our insurance agent requesting a copy of the invoice that includes the Art Show liability insurance.
- Barb needs a copy of the Art Show's Liability
   Form for Santa Teresa Hills Presb. Church.

#### Other

- Deidre Thompson, office manager and the Guild's point of contact at First Congregational Church of San José (FCCSJ), has quit. The Guild awaits word on Deidre's replacement.
- Sharon will not be attending the July 26
  Membership Meeting. She will have checks
  ready for room rental and demonstrator. Diann
  to handle payments.

The meeting was adjourned at 2:25 pm.

Respectfully submitted, Denise Hall • Secretary

# Kristin Lindseth · Artist

The Guild is delighted to announce Kristin Lindseth will be our juror for our 27th Annual Art Show.

Kristin is an international exhibiting sculptor, printmaker and educator. Her sculptures are both figurative and symbolic works and are each one-of-a-kind. She works in both wood, metal and multimedia constructions. Her intaglio printmaking and sculptures are in private collections around the world.

She has been represented by Vorpal Gallery (Palo Alto), Freeman Gallery (Palo Alto), Oakland Museum Collectors Gallery (Oakland), San Francisco Museum of Modern Art Rental Sales Gallery (San Francisco), Ventana Gallery (Saratoga), Group 21 Gallery (Los Gatos) and Solo Gallery (Los Gatos).



Kristin is a professor of art at Mission College (Santa Clara) where she teaches digital art, drawing, and sculpture. Visit her website to see her works: www.kristinlindseth.com.

## Some Underrated Forms of Self-Care

- Giving yourself extra time to go somewhere,
- Having a day to yourself to reset and reorganize,
- Intentionally slow down to notice the details around you,
- · Spending time without your phone or devices,
- · Giving yourself a few hours to do absolutely nothing,
- Dressing for comfort,
- · Getting a few minutes of fresh air and soaking up the sunlight,
- · Spending time with people who make you feel loved,
- · Minding your own business,
- · Letting go of the need to always be doing something,
- Not multitasking ever (seriously),
- Drinking enough water,
- · Taking pride in your progress and celebrating yourself,
- Pausing before you respond,
- · Getting enough sleep,
- · Taking a moment to savor & appreciate where you are now,
- Treating people based on their patterns, not their words.



## Painting Group • Summer 2025

## @ Cypress Community & Senior Center!

403 S. Cypress Avenue • San José 95117 • 408-244-1353

#### ACTIVE ADULTS 50+ • Monday Painting Group • 12:00 p.m. - 3:00 p.m.

This is a drop-in program where artists of every level have the opportunity to paint in a friendly and supportive atmosphere. No instruction will be provided, but you will get advice and encouragement from the group to help you grow as an artist. Bring your own supplies and join us!

Dates	Day	Age	Room	Cost
06/06-08/25	Mondays	50+	5	\$22

# For Group Art Project Discussion

Questions that may be posed to the artists.

- 1. What prompted you to create this art piece?
- 2. Did you create any initial sketches prior to creating the art piece?
- 3. What were your initial thoughts and feelings in its creation? After it was finished, did your emotions change, and if so, how?
- 4. What are you wanting to communicate or express?
- 5. What is the focal point of this art piece and why do you think it's important?
- 6. What would you like the viewer to experience while viewing this art piece?
- 7. Were there any special materials or techniques you used?
- 8. How does the size or scale of the art piece make you feel?
- 9. Have you worked in this medium before?
- 10. How does the placement of objects or people with the art piece influence its impact?
- 11.Did you experience any difficulties in creating this piece and, if so, how did you resolve them?



https://CampbellArtistsGuild.org • youtube.com/@campbellartistsguild

Exe	cutive Board	Officers				
President	<b>Diann Klink</b> DiannKlink@gmail.com	Annual Art Show	Barb Overholt BarbKygerOverholt@gmail.com	Membership/ News Editor	Barb Overholt BarbKygerOverholt@gmail.com	
Vice President	Smruti Kurse kurse.smruti@gmail.com	Awards	Elton Glover • EGlover10@gmail.com Photographer Dave Eisbach • DEisbach@sbcglobal.net		Michael Rodrigues mrodrigues20x@gmail.com Barb Overholt	
Secretary	<b>Denise Hall</b> deniseh7@sbcglobal.net	Exhibits	<b>Lynn Rogers •</b> lynnrogersma@yahoo.com <b>Diann Klink •</b> DiannKlink@gmail.com	Programs	Jennifer Glover jenn.glover11@gmail.com	
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