



President's Message

"The artist is a receptacle for emotions that come from all over the place: from the sky, from the earth, from a scrap of paper, from a passing shape, from a spider's web." – Pablo Picasso

I hope all of you are getting ready for our Annual Art Show on October 4. The deadline to register for the show is August 23. If you have some art completed or almost completed, you can get some valuable feedback during our July 26 Membership Meeting. George Rivera will give a critique for any member (1 or 2 of your art pieces). You may also submit one of these art pieces for the Artist of the Month, Blue Ribbon Gallery or Emerging Artists Gallery. I will be collecting names of members who wish to have their artwork reviewed by George prior to the start of our meeting, so plan to come a little early.

Why would you want a critique of your art?

- The sole purpose and value of a constructive critique is to help you improve your work, not the person who created the art.
- Art critiques may help the artist improve their skill in terms of technique and composition, as well as how to engage and connect with the public.
- Art critiques help artists and viewers understand deeper meanings to a piece.
- You will get the opportunity to see your work through someone else's eyes.
- Taking criticism is a bit scary and showing an unfinished project can be intimidating. Be receptive to critique; do not take it personally. As artists, we usually create in solitude, although most often we do it with the purpose of eventually sharing our art with the world. Consider this a learning experience.

- "Group" critiques are particularly advantageous, as you will learn not only from comments about your work but also about everyone's art.
- During the critique, take control of your initial reaction and let George know if there is some specific feedback you need. If you feel vulnerable, you can ask *"What do you think is working with this piece?"* You may feel there is something wrong with the lighting or the composition but not sure what that is.
- Exchanging opinions in a safe and respectful space like our Guild meeting provides emotional support and affirmation from our peers.

I have never heard George Rivera negatively critique an art piece. As an artist and teacher, he understands the creative process on a personal level, always sees what is working and what could be improved. He is passionate about art and helpful with his feedback. This is an opportunity you do not want to miss.

Diann Klink • President

Artist-of-the-Month

Thank you to all our talented artists who participated in the June 28 competitions for Artist of the Month and Blue Ribbon Gallery. The first-place ribbon recipient in Artist of the Month is now eligible to enter into the Blue Ribbon Gallery for the remainder of the year.

First Place • Smruti Kurse
Tamed\Untamed • Pyrography



Second Place • Cathy Down
All Alone In Beauty • Oil



Second Place • Kim Smith
Creekside • Acrylic

Blue Ribbon Gallery



Kris Rogers
Faelora – Forest Guardian • Watercolor



Third Place • Barb Overholt
Breath of Heaven • Oil



2025 Calendar of Events

Meeting facility opens at 12:30 p.m.

Submit art for competitions from **12:30–12:50 p.m.**

Register your original art directly with

Awards Chairs Elton Glover and Dave Eisbach at the speaker's podium.



July 26

- Monthly competitions continue
- **Art Show** • Sign Up • Pay Exhibit Fee • Door Prize Sign Up
- **Art Critique:** George Rivera, M.A., former Executive Director and Senior Curator at the Triton Museum of Art will critique Active members' art. **Bring no more than two of your best art pieces for George to critique!**

August 23

Monthly competitions continue •

Last Chance Art Show:

Sign Up, Pay Fee • Food Sign Up • Door Prize Sign Up

Demonstrator: Teresa Beyer, Watercolorist • www.teresabeyer.com



Dahlia • Teresa Beyer

September 27

(Outdoor) *Celebrating the Life of Marlene Bird*

10A @ Cathedral of Faith • 2315 Canoas Garden Avenue, San José

- Monthly competitions continue
- **Speaker:** Jada Williams, San José Museum of Quilts and Textiles



October 25

- Monthly competitions continue
- **Demonstrator:** Karen Olsen, Watercolorist



26th Annual Art Show Exhibitors (above) • A wonderfully fun and crazy group!

27th Annual Art Show • A One-Day 2D Art Exhibition

WHERE

Fellowship Hall at
Santa Teresa Hills Presbyterian Church
5370 Snell Avenue • San José
408-629-5906 (church office)

ALL EXHIBITORS HELP WITH ...

Set Up • Clean Up
Assemble/Disassemble Display Panels,
Tables and Chairs

DATE and SCHEDULE OUTLINE

October 4, 2025 • 9–4:00 PM

9 AM	Art Registration • Sign Waivers
10 AM	Set Up Food Tables & Display Panels
11 AM	Artists Hang Art/Gallery IDs
12 PM	Gallery Opens to the Public
4 PM	Show Closes

Saturdays • July 26 and August 23 Membership Meetings

Register • Sign Up for Food • Donate a Door Prize

DEADLINES! Check Your Email for Instructions!

Midnight, September 15	Online Registration of Art Images and Info
September 16–22	Submit Art Info to Show Chair*

***Sample of Art Info Required:**

Artist's Name
Title of Work
Medium
Size of Framed\Unframed Art
Price or NFS

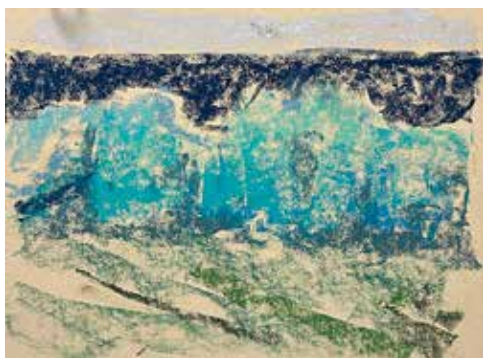


Jan Prisco • Pastelist

The Guild welcomed talented pastel artist, Jan Prisco, to our June 28 Membership Meeting where she demonstrated her process in creating ocean waves.

Jan began her demonstration by providing an abundance of information on the various grits of pastel paper, her painting tools, process and framing pastel creations. In this demonstration, she worked on Uart pastel paper with her pastels at the ready which were housed in a plein air pastel box.

She began applying the darkest colors for her base eventually working light over dark (Step One). Dipping a brush in isopropyl alcohol, she brushed over her colors (Step Two). She continued to work over the entire piece bringing in the tip of the waves (Step Three).



Step One



Step Two

Jan's semi-final creation (Step Four).



Step Four



Original reference photo.



Step Three



Executive Board Meeting Minutes July 10

The meeting was held via Zoom and called to order at 2:02 p.m. In attendance were: President Diann Klink, Treasurer Sharon La Bouff, Secretary Denise Hall, Programs Chair Jennifer Glover, Membership/Annual Art Show Chair Barb Overholt.

Annual Art Show

- Registration as of June 28 = 21. Last chance to register is August 23.
- Barb met with church staff last week to review what is to be done prior to the Art Show to spruce up the Fellowship Hall.
- Barb has received nine new updated bios and await two more for the Artists' Biography Binder.
- Barb to contact Janki Chokshi of Fine Arts League of Cupertino (FALC) and reserve display panels. Per Smruti, it's alright to increase the quantity of panels required if necessary at a later date.
- FALC requested \$150 refundable deposit on the panels. Smruti, a member of FALC, will check if the deposit amount could be reduced if she is our representative.
- Barb to ask Scouts to help in setting up and breaking down the display panels.

Membership Update –

- No new members.
- *A Celebration of Life* flyer was created for Marlene Bird and sent to all members past and present.

Website Update

- Barb will provide the January–July newsletters to Steven to upload onto the website in August.
- Barb proposed giving members an additional opportunity to update or add artwork to the Artists' Gallery on the Guild's website via an announcement at our Holiday Potluck Meeting in December.

Programs/Demonstrations

- July – George Rivera, Critique. Members interested in having George critique their art are to see Diann who will register the art pieces on a first come, first served basis. George will critique one piece per artist and if there is time, critique a second piece.
- August – Teresa Beyer, Watercolorist
- September – Speaker Jada Williams, San José Museum of Quilts and Textiles
- October – Karen Olsen, Watercolorist

Treasurer Report

- Sharon continues to check the insurance company's website in order to download a copy of our annual invoice for August 1.
- In the near future, the Vice President and Secretary will meet with Sharon at the bank to update the signature card.
- The Guild can apply for a Debit Card if there is a need to withdraw cash.
- Sharon to provide checks to Diann for room rental and demonstrator.

Other – Denise will not be attending the September or October meetings.

The meeting was adjourned at 2:35 p.m.

*Respectfully submitted,
Denise Hall • Secretary*

***The Guild's Executive Board and Officers on July 10
working for the good of its members.
Getting business accomplished with laughter.***



Autumn Group Project



July 1–September 27

The following three themes were randomly selected
at our June 28 meeting.:

Pop Art • Light & Dark (palette or feeling) • Wildlife

Share creations: September 27 Membership Meeting

Campbell Artists' Guild

27th Annual Art Show

The Fellowship Hall at
Santa Teresa Hills Presbyterian Church
5370 Snell Avenue • San José, CA

One Day Exhibition • Saturday, October 4, 2025 • 12:00 p.m. – 4:00 p.m.
Awards Ceremony • 2:00 p.m.

Refreshments • Music • Door Prizes



Diann Klink



Barb Overholt



Elton Glover



Liyuza Eisbach



www.CampbellArtistsGuild.org • Encouraging the practice and appreciation of the visual arts since 1965.

Calling All Guild Creatives!

Join the Paint Share Group ...

Paint Share is a fun group of Guild artists who share their art created throughout the week and then participate on Zoom every Saturday afternoon. Some of us create a daily sketch or have art that is in progress or we share ideas yet to be realized. It's always a fun one-hour meeting to catch up with one another.

Contact **Diann Klink**, DiannKlink@gmail.com,
to be included in her Zoom invitation. We hope you'll join us!
We know you'll find the time was well-spent!



Managing Moments of Stress

We've all had moments we dreaded in advance – a tense family dinner, a public speaking event, a hard conversation we couldn't avoid or just things that we have no control over. While you can't always control what happens in those moments, you can control how you prepare for them.

Science-backed techniques can help you stay grounded and calm, even under pressure. Consider the following as your *Management Moments of Acute Stress* toolkit – simple, proven ways to regulate your body's response in anticipating tense situations and to feel more centered and in control.

Hug Yourself – Give yourself a soothing self-touch for 20 seconds before a stressful event. Put your hands somewhere that feels comforting to you such as wrapping your hands around your arms and shoulders or putting one hand on your heart and one of your abdomen.

Hug Someone Else

Hug someone who feels safe to you for a full 20 seconds. If you can do this before a stressful event, it should significantly lower your cortisol levels.



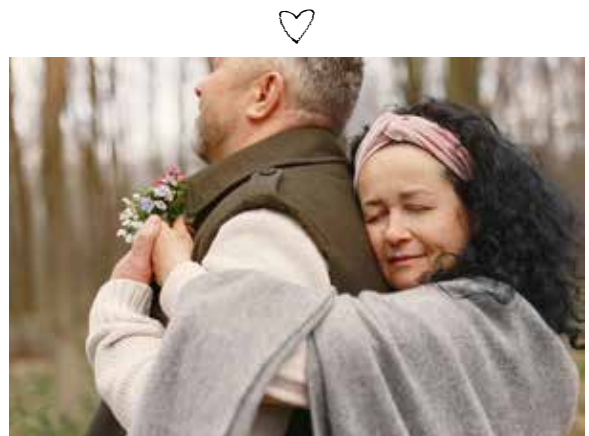
Stock Up on Affection – The day before or the morning of a stressful event, stock up on hugs, kisses, and verbal expressions of affection.

Slow and Deepen Your Breathing – Breathe slowly and deeply into your diaphragm for five minutes; take a break for a few minutes, then do another five minutes of slow, deep breathing. An app can be especially effective

here to guide you. Strive to gradually slow your breath to five breaths per minute (or 12 seconds from the start of one inhale to the next).

Do 30 Minutes of Hatha Yoga – Find a 30-minute introductory Hatha Yoga video online and do some yoga before a stressful event.

Reframe the Stressful Situation – Instead of seeing the situation as a threat that you can't cope with, see it as a challenge you can handle. Your body's reaction to stress can actually help you respond more effectively to the situation as long as you see that reaction as beneficial.



Kristin Lindseth • Artist

The Guild is delighted to announce Kristin Lindseth will be our juror for our 27th Annual Art Show.

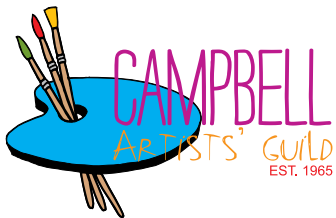
Kristin is an international exhibiting sculptor, printmaker and educator. Her sculptures are both figurative and symbolic works and are each one-of-a-kind. She works in both wood, metal and multimedia constructions. Her intaglio printmaking and sculptures are in private collections around the world.

She has been represented by Vorpall Gallery (Palo Alto), Freeman Gallery (Palo Alto), Oakland Museum Collectors Gallery (Oakland), San Francisco Museum of Modern Art Rental Sales Gallery (San Francisco), Ventana Gallery (Saratoga), Group 21 Gallery (Los Gatos) and Solo Gallery (Los Gatos).

Kristin is a professor of art at Mission College (Santa Clara) where she teaches digital art, drawing, and sculpture. Visit her website to see her works: www.kristinlindseth.com.



*“You can’t use up creativity.
The more you use, the more you have.”*
– Maya Angelou



BRUSH & PALETTE

Celebrating Our 60th Year!

<https://CampbellArtistsGuild.org> • youtube.com/@campbellartistsguild

Executive Board

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