

Learning All About Neurographic Art with Diann Klink

Part 3 of Diann Klink's "Accessing Your Abstract Artist Soul Workshop" was presented on May 28. Part 3 involved creating "Neurographic Art," a technique created by Russian psychologist Pavel Piskarev in 2014. According to Dr. Piskarev, this technique links the subconscious with the artistic inner self by drawing free form lines with meditation where the lines never repeat themselves, are not straight or have loops, and the direction of the lines go where they are unexpected. By rounding where the lines cross, avoids a sense of collision, and brings harmony to sharp edges giving the appearance of neuron connections to our brain.

Guild members were provided a materials list ahead of time and were invited to create a neurographic painting. The results were quite extraordinary as you will see on page 5.

Samples of Neurographic Paintings



The art activity included:

1. Applying painter's tape around paper edges.
2. Lines only stop at the edges.
3. Decide and meditate on your area of focus.
4. Feel the emotion in your body and then on the page – begin drawing your lines.
5. Do not be concerned in how it looks or where it's going.
6. Transform where lines cross by rounding off the sharp angles.
7. Enhance with color.

***Thank you, Diann,
for a fun demonstration exploring yet another method of creating abstract art!***